



# Frequently Asked Questions

Addiction Recovery For Patients

## **Q. I'm scared to see the results of my NeuroCodeX® Brain Map and Analysis. What will it show?**

**A.** A fact of life is that trauma (including substance abuse of any kind) impacts the brain negatively. The real question you should ask is, "what do I need to do to regain and strengthen my brain for optimal performance?" Commitment to full brain recovery that allows one to think and control one's actions will ease much of the pain that is often experienced on the journey to recovery.

## **Q. Plenty of people get sober without NeuroCodeX® or NeuroCoach®? Why do I need it?**

**A.** Yes, many individuals do get sober without a complete cognitive evaluation or brain map or using NeuroCoach®. However, the fact is, most don't. Further, those who are sober generally report they are still suffering from loss of neuro-function (memory, decision-making, self-control) due to their past histories. NeuroCoach® for BrainRecovery® attempts to help you regain and recover sobriety, while also improving cognitive function. Working both perspectives ultimately allows you to recover and enjoy life.

## **Q. Why do I need this?**

**A.** NeuroCodeX® can identify the areas of your brain that have been compromised due to habitual choices. NeuroCoach® BrainRecovery® program addresses those brain deficits in order for you to gain the greatest potential for full recovery. It also ensures that you will gain the most therapeutic value during recovery.

## **Q. What results can be expected?**

**A.** Positive results are seen as an increase in IQ (average of 15 or greater points in IQ after 20+ sessions), increases in self-regulation, self-control, and impulse control, which directly affects your ability to think and become more resilient to stresses of everyday life. In other words: Your brain's ability will be primed and ready to accept and accommodate the therapies provided by your therapists.

## **Q. What type of commitment is involved in this program?**

**A.** After the initial testing with the NeuroCodeX® Assessment and Analysis, NeuroCoach® BrainRecovery® program sessions are offered 3 times a week for 1 hour. After approximately 24 sessions, a re-map and re-evaluation will be conducted in order to show improvement. Depending on what the re-map and re-evaluation indicate, additional sessions may be recommended. You should commit to a minimum of 2 months in order for the program to take positive effect for long-term recovery.

## **Q. Are there side effects?**

**A.** No. There are no known side effects to NeuroCodeX® Assessment or NeuroCoach® BrainRecovery® Program when done under proper supervision.