



Frequently Asked Questions

Addiction Recovery For Therapists

Q. What are NeuroCodeX® Brain Map and Cognitive Analysis?

A. NeuroCodeX® is a cognitive assessment and evaluation utilizing neuro-imaging techniques that measure neuro-electric biomarkers that emanate from the brain. These measurements compute electrical impulses that the brain naturally produces and then objectively show if they are “in balance” or “out of balance”. If the electrical impulses are out of balance, the map and full assessment will precisely show where the imbalances are located and what effect it will have on the individual’s thinking, processing, and brain functioning ability.

Q. Who should get a NeuroCodeX® Assessment?

A. Those who have addictions, suffered emotional trauma, health trauma, physical trauma, PTSD, Traumatic Brain Injury (TBI) through accident, and/or addictive personality traits are good candidates for NeuroCodeX®. Generally speaking, these issues leave traumatic imprints on the brain that will weaken the brain’s ability to self regulate, to remember, to exercise control and withstand even minor stress. For this reason, it is important to know where the weaknesses are located in order to rebuild the client’s resilient nature. This is important to clients, not only to help them navigate life’s trials and tribulations, but also to help them rebuild and strengthen the nervous system so that their body and brain can effectively learn to execute the skills, techniques, and methods they are being taught.

Q. How long does the NeuroCodeX® Assessment and subsequent NeuroCoach® program take?

A. NeuroCodeX® (the evaluation, assessment and mapping) takes 1 1/2 to 2 hours. The NeuroCoach® BrainRecovery program (based on the NeuroCodeX® analysis and results) typically shows the first significant changes within 10 sessions. Sessions can occur 2 to 3 times per week, or they can take place daily. This will depend on the client, their needs, and their therapist. Long lasting changes take place between 4 and 6 months. These changes are seen as greater resiliency to stress, stronger self-regulation, stronger emotional stability, and greater impulse control.

Q. What results can be expected?

A. Positive results are seen as an increase in IQ (average of 15 or greater points in IQ after 20+ sessions), increases in self-regulation, self-control, and impulse control. These changes directly affect the client’s ability to think and become more resilient to stresses of everyday life. In other words: The client’s brain and its ability will be primed and ready to accept and accommodate the therapies provided by their therapists.

Q. Will it give helpful information for therapeutic interaction?

A. Yes. It will allow the therapist the ability to account for compromised cognitive abilities, such as memory or auditory perceptual issues that create misperceived emotional content of language, etc. Further, it will help the therapist understand and account for the effects of the traumatized brain on the person’s life choices and decision making processes. It can help the therapist understand the potential health issues that may be contributing to the patient’s traumatic situation. And finally, it can help rule out whether the issue is just situational or a combination of multiple issues.

Q. Is this an evidence-based technology?

A. Yes, NeuroCodeX® and NeuroCoach® are evidence based. All instruments have been properly psycho-metrically developed and accepted as evidence based measures. Many were developed by the National Institute of Health (NIH), New York University Brain Research Lab, or are FDA approved. None of the measures are experimental. Effective applications of these tools, methods, and techniques have been peer-reviewed and proven with multiple target populations, including AD/HD, memory, depression, anxiety, and substance abuse. For the substance abuse and recovery populations these studies continue.