



Frequently Asked Questions

Traumatic Brain Injury Recovery *For Patients*

Q. I'm scared to see the results of my NeuroCodeX® Brain Map and Analysis. What should I expect?

A. A fact of life is that trauma impacts the brain negatively. The real question you should ask is, "what do I need to do to regain and strengthen my brain for optimal performance?" Commitment to full TBI brain recovery that allows one to take up life as before the brain injury will ease much of the pain that is often experienced on the journey to brain injury recovery.

Q. Plenty of people get better without NeuroCodeX® or NeuroCoach®? Why do I need it?

A. Yes, many individuals do get better without a complete cognitive evaluation or brain map or using NeuroCoach®. However, the fact is, most patients know they have lost some or a great deal of their cognitive abilities and function. In fact, one of the most frequently mentioned issues from those who have sustained a TBI is that they cannot think, process or respond as they once did. Many report they are still suffering from loss of neuro-function (IQ loss as well as loss of memory, decision-making and self-control). NeuroCoach® BrainRecovery® for TBI attempts to help you regain and recover neurofunction, while also improving your quality of daily living. Working both perspectives ultimately allows you to recover and enjoy life.

Q. Why do I need this?

A. NeuroCodeX® can identify the areas of your brain that have been compromised due to a brain injury. The NeuroCoach® BrainRecovery® Program for TBI addresses those brain deficits in order for you to gain the greatest potential for full recovery. It also ensures that you will gain the most therapeutic value during recovery and daily living.

Q. What results can be expected?

A. Positive results are seen as an increase in IQ (average of 15 or greater points in IQ after 20+ sessions), increases in self-regulation, memory, self-control, and impulse control, which directly affects your ability to think and become more resilient to stresses of everyday life. Anger, depression and anxiety are also known to decrease appropriately.

Q. What type of commitment is involved in this program?

A. After the initial testing with the NeuroCodeX® Assessment and Analysis, the NeuroCoach® BrainRecovery® for TBI program offers sessions 3 times a week for 1 hour. These sessions can be done within a facility offering NeuroCoach® or based in your home via the NeuroCoach® Home Trainer program. After approximately 20 sessions, a re-map and re-evaluation will be conducted in order to show improvement. Depending on what the re-map and re-evaluation indicate, additional sessions may be recommended. You should commit to a minimum of 2 months in order for the program to take positive effect for long-term TBI recovery.

Q. Are there side effects?

A. No. There are no known side effects to NeuroCodeX® Assessment or NeuroCoach® BrainRecovery® Program for TBI, when conducted under proper supervision.